

Covid 19 Protocols

The *Aquila Club team* would like to take this opportunity to inform customers of our commitment to your safety, health and well being during this challenging time.

Below we have outlined our plan to reopen our facilities for our **Members** from the 1st of **September**.

The **steam room & sauna** and **Jacuzzi** will be open with capacity limits in place.

Pool Protocols

- You are required to complete a Self Declaration Questionnaire regarding Covid 19 prior to your attendance. This is where we ask our members to take responsibility for their own well-being. Failure to do so could prohibit your first entry and use of the leisure facilities.
- If you feel ill or are showing any symptoms of COVID-19 (temperature, cough, difficulty breathing, loss of taste or smell) please contact your GP and do not visit the pool or Leisure Facilities
- We kindly ask members to bring your own towels for the time being as we will not be providing towels in the leisure centre.
- You may be required to queue outside prior to check in, social distance markers will be in place. Customer sanitisation stations will be in place at the entrance and throughout the gym, enabling you to regularly sanitise your hands
- Members are required to have their membership cards on them for sign in.
- The use of face masks/coverings is required on entry and exit points to the Leisure Centre and in the changing area when possible.
- **Please be advised we have limited changing space so please use the lockers provided or alternatively bring your belongings with you to the poolside, do not leave belongings unattended in the changing rooms.**
- Our water fountain/water dispensers are currently not in use. We advise our members to bring their own bottle of water or you can purchase a bottle at the Aquila Reception.

Pool Protocols

- Please spend as little time as possible in the changing areas and showers. This will maintain safe social distancing measures.
- If attending the pool, flip flops and sandals should be worn on the deck and in the changing areas.
- Please ensure you and your children observe the 2m distancing guidelines from other customers whilst in the facility and the pool area
- 3 persons at a time will be permitted in the viewing area of the leisure centre due to limited space.
- No equipment will be available to borrow, for example swim boards etc.

Gym Protocols

- Gym access will be limited to 10 people at any one time.
- Members in the facility should be mindful of social distancing when using gym equipment.
- While our changing facilities will be open, please arrive ready to train as this will minimise time spent in the changing areas.
- Touch points of equipment should be cleaned after use – this can be done by the member using spray and blue paper provided in the gym. Please note this is in addition to the clubs rigorous sanitising and cleaning schedule.
- Anti-bacterial sprays and tissues will located around the gym and it is required that you clean down equipment before and after use. Please do not use personal towels to clean equipment.
- Our gym layouts and access to equipment has been redesigned to meet all social distancing guidelines, which has resulted in some gym equipment being temporarily out of use.
- We will be cleaning and sanitizing the gym throughout the day.

Squash Protocols

- Squash bookings from 8am to 9pm Monday to Thursday (last booking 8pm), Friday 8am to 8pm (last booking 7pm), Saturday and Sunday 9am to 6pm(last booking 5pm)
- Two courts available 2 players only, no spectators please.
- We ask you to sanitise court touch points after use spray and paper will be made available to do so.
- We would ask squash players to refrain from shouting at each other after during games.