



The Aquila Club Leisure Centre Covid 19 Protocols

The *Aquila Club team* would like to take this opportunity to inform customers of our commitment to your safety, health and well being during this challenging time.

Below we have outlined our plan to reopen our facilities for our **Members** from the 1st of **September**. (**Limited access will also be available from the 7th to the 30th of June**).

The **steam room & sauna** will remain closed until further notice as per Government & HSE guidelines. The **Jacuzzi** will be open with capacity limits in place.

Booking System

- The use of the Leisure Centre (Pool, gym and squash courts) is by appointment only.
- You will not be able to enter the Aquila Leisure Centre without a pre-booked session. Walk-ins cannot be accommodated at this time.
- Bookings can be taken 1 day in advance. Pre-book your pool/gym/squash session by calling the Aquila Club on 064 6636178/064 6634063
- Each slot will be 45 mins long (10mins to allow for changing/showering).
- We respectfully ask, that should you need to cancel your booking, then do so as early as possible – releasing the time slot will create more times for others, which is important as we anticipate waiting lists to occur during peak times.
- You are required to complete a Self Declaration Questionnaire regarding Covid 19 prior to your attendance. This is where we ask our members to take responsibility for their own well-being. Failure to do so could prohibit your first entry and use of the leisure facilities and your booking would be cancelled.
- If you feel ill or are showing any symptoms of COVID-19 (temperature, cough, difficulty breathing, loss of taste or smell) please contact your GP and do not visit the pool or Leisure Facilities
- We kindly ask members to bring your own towels for the time being as we will not be providing towels in the leisure centre.
- You may be required to queue outside prior to check in, social distance markers will be in place. Customer sanitisation stations will be in place at the entrance and throughout the gym, enabling you to regularly sanitise your hands
- Members are required to have their membership cards on them for check in



- The use of face masks/coverings is required on entry and exit points to the Leisure Centre
- In order to accommodate the next group of members, we respectfully ask you to adhere to your time slot and vacate the leisure centre immediately after your session
- Our lockers will remain closed for the time being, therefore we ask all our members to leave any valuables at home where possible. Responsibility for loss or damage to any property or valuables cannot be accepted by management
- Our water fountain/water dispensers are currently not in use. We advise our members to bring their own bottle of water or you can purchase a bottle at the Aquila Reception

Pool Protocols

- Limited access to changing facilities are available for members attending the pool. However, we kindly ask you to arrive 'beach ready' (wearing your swimwear under your clothing), if possible, as this will minimise time spent in the changing areas.
- Please spend as little time as possible in the changing areas and showers. This will maintain safe social distancing measures. Pre and post swim showers will be available(rinsing only)/ full showering should be done at home.
- If attending the pool, flip flops and sandals should be worn on the deck and in the changing areas.
- We currently have enhanced cleaning procedures in operation – these include hourly sanitisation of the entire area and will involve closure for approx 15min each hour
- Please ensure you and your children observe the 2m distancing guidelines from other customers whilst in the facility and the pool area
- No spectators will currently be permitted in the viewing area of the leisure centre due to limited space
- No equipment will be available to borrow, for example swim boards etc.



Gym Protocols

- Gym access will be limited to 8 people for each time slot; 5 in the Cardio gym and 3 in the weights area
- Members in the facility must maintain a 2-metre physical distance when using gym equipment.
- While our changing facilities will be open, please arrive ready to train as this will minimise time spent in the changing areas.
- We ask members who are using the gym to shower at home. This will be reviewed in line with public health guidelines.
- Touch points of equipment should be cleaned after use – this can be done by the member using spray and blue paper provided in the gym. Please note this is in addition to the clubs rigorous sanitising and cleaning schedule.
- Anti-bacterial sprays and tissues will be located around the gym and it is required that you clean down equipment before and after use. Please do not use personal towels to clean equipment
- Our gym layouts and access to equipment has been redesigned to meet all social distancing guidelines, which has resulted in some gym equipment being temporarily out of use
- We will clean and sanitise the gym between slots with a full deep cleaning once per day on all equipment and touch points

Squash Protocols

- Squash bookings from 8am to 9pm (last booking 8pm)
- One court available 2 players only, no spectators please.
- We ask you to sanitise court touch points after use spray and paper will be made available to do so.
- We would ask squash players to refrain from shouting at each other after during games.
- Again limited access will be available we ask our squash members to shower at home. This will be reviewed on an ongoing basis.